

All Stressors by Category

ALL STRESSOR VIRTUAL ITEMS RESPONSES BY CATEGORY

Core Wellness Stressor Collections

- 52.18 **Gastrointestinal System**
- 49.55 **Detoxification System**
- 38.29 **Hormonal/Endocrine System**
- 10.90 **Immune System**

Detoxification System

- 55.61 **Parasites**
- 53.58 **Respiratory System**
- 52.18 **Gastrointestinal System**
- 52.08 **Anger**
- 50.77 **Lymph Nodes**
- 47.03 **Cardiovascular System**
- 45.91 **Skin**
- 39.80 **Diet & Nutrition**
- 38.82 **Electromagnetic**
- 37.58 **Mycotoxins**
- 36.21 **Kidneys**
- 35.27 **Liver**
- 34.45 **Viruses**
- 34.17 **Candida Albicans**
- 30.17 **Lung**
- 26.48 **Herbicides**
- 23.35 **Water Contaminants**
- 22.77 **Heavy Metals**
- 15.25 **Fungi/Molds**
- 12.61 **Pesticides/Insecticides**
- 12.34 **Lymphatic System**
- 6.49 **Bacteria**
- 0.73 **Chemicals**
- 0.00 **Toxic Stress**

Diet & Nutrition

- 57.32 **Probiotic Bacteria**
- 51.60 **Vitamins**
- 43.53 **Food Stressors Additives**
- 40.36 **Antibiotics**
- 36.31 **Endocrine Disruptors**
- 26.48 **Herbicides**
- 20.53 **Essential Fatty Acids (EFAs)**
- 18.17 **Artificial Sugars & Sweeteners**
- 17.99 **Minerals**
- 16.78 **Amino Acids**
- 12.61 **Pesticides/Insecticides**
- 11.46 **Glyphosate**
- 11.19 **Digestive Enzymes**

Emotions Balance

- 53.31 **Hopeless**



- 52.08 **Anger**
- 49.60 **Frustration**
- 48.81 **Ashamed**
- 47.23 **Jealous**
- 45.73 **Resentful**
- 45.00 **Envy**
- 44.71 **Guilty**
- 44.39 **Helpless**
- 40.07 **Grief**
- 36.09 **Worry**
- 35.61 **Fear**
- 29.85 **Tense**
- 29.78 **Blame**
- 26.47 **Lonely**
- 23.99 **Exhausted**
- 21.58 **Complacency**
- 17.80 **Sadness**
- 12.75 **Impatient**
- 9.38 **Mistrustful**
- 8.23 **Greed**
- 7.52 **Anxiety**
- 5.03 **Hate**

Gastrointestinal System

- 57.32 **Probiotic Bacteria**
- 55.61 **Parasites**
- 54.10 **Hydration**
- 51.60 **Vitamins**
- 51.43 **Gallbladder**
- 49.21 **Mental/Emotional Stress**
- 43.53 **Food Stressors Additives**
- 43.32 **Stomach**
- 40.36 **Antibiotics**
- 40.07 **Grief**
- 37.58 **Mycotoxins**
- 35.42 **Intestinal Mucosal Membrane**
- 35.27 **Liver**
- 34.45 **Viruses**
- 34.17 **Candida Albicans**
- 29.59 **Inflammation**
- 19.29 **Esophagus (Oesophagus)**
- 17.99 **Minerals**
- 16.78 **Amino Acids**
- 15.29 **Pancreas**
- 15.25 **Fungi/Molds**
- 11.46 **Glyphosate**
- 11.19 **Digestive Enzymes**
- 6.49 **Bacteria**
- 6.42 **Large Intestine**
- 3.46 **Small Intestine**

Hormonal/Endocrine System

- 57.32 **Probiotic Bacteria**
- 50.15 **DHEA (Dehydroxyepiandrosterone)**



- 49.41 **Thymus**
- 46.19 **Estrogen**
- 45.91 **Skin**
- 43.32 **Stomach**
- 42.95 **Sleep**
- 41.20 **Pituitary Gland**
- 39.80 **Diet & Nutrition**
- 39.50 **Adrenal Glands**
- 36.97 **Parathyroid Gland**
- 36.31 **Endocrine Disruptors**
- 36.21 **Kidneys**
- 35.27 **Liver**
- 30.42 **Progesterone**
- 26.45 **Prostate**
- 25.35 **Thyroid**
- 22.93 **Testes**
- 20.53 **Essential Fatty Acids (EFAs)**
- 16.14 **Pineal Gland**
- 15.29 **Pancreas**
- 7.86 **Testosterone**
- 7.51 **Pregnenolone**
- 1.47 **Adrenalin**

Hydration

- 58.49 **Melatonin**
- 52.18 **Gastrointestinal System**
- 49.55 **Detoxification System**
- 43.83 **Colon**
- 42.95 **Sleep**
- 36.31 **Endocrine Disruptors**
- 36.21 **Kidneys**
- 35.27 **Liver**
- 32.96 **Tryptophan**
- 30.43 **Urinary Bladder**
- 26.48 **Herbicides**
- 23.35 **Water Contaminants**
- 12.61 **Pesticides/Insecticides**
- 11.46 **Glyphosate**
- 10.90 **Immune System**
- 7.86 **Testosterone**

Immune System

- 60.54 **Tonsils**
- 57.32 **Probiotic Bacteria**
- 52.18 **Gastrointestinal System**
- 52.08 **Anger**
- 50.77 **Lymph Nodes**
- 50.39 **Adenoids**
- 49.41 **Thymus**
- 49.21 **Mental/Emotional Stress**
- 48.81 **Ashamed**
- 45.91 **Skin**
- 44.71 **Guilty**
- 40.36 **Antibiotics**



- 40.07 **Grief**
- 39.50 **Adrenal Glands**
- 38.01 **Spleen**
- 36.20 **Appendix**
- 35.77 **Bone Marrow**
- 35.27 **Liver**
- 34.45 **Viruses**
- 29.59 **Inflammation**
- 25.35 **Thyroid**
- 12.34 **Lymphatic System**
- 11.46 **Glyphosate**
- 6.49 **Bacteria**
- 6.42 **Large Intestine**

Inflammation

- 55.61 **Parasites**
- 52.18 **Gastrointestinal System**
- 52.08 **Anger**
- 51.43 **Gallbladder**
- 47.03 **Cardiovascular System**
- 44.71 **Guilty**
- 43.53 **Food Stressors Additives**
- 40.07 **Grief**
- 35.27 **Liver**
- 34.45 **Viruses**
- 25.35 **Thyroid**
- 20.53 **Essential Fatty Acids (EFAs)**
- 20.11 **Joints/Connective Tissue**
- 18.17 **Artificial Sugars & Sweeteners**
- 11.46 **Glyphosate**
- 10.90 **Immune System**
- 6.49 **Bacteria**
- 6.42 **Large Intestine**

Lymphatic System

- 60.54 **Tonsils**
- 57.32 **Probiotic Bacteria**
- 55.89 **Integumentary System**
- 55.61 **Parasites**
- 55.00 **Serrapeptase**
- 54.10 **Hydration**
- 52.18 **Gastrointestinal System**
- 50.77 **Lymph Nodes**
- 50.39 **Adenoids**
- 49.41 **Thymus**
- 47.03 **Cardiovascular System**
- 38.01 **Spleen**
- 35.61 **Fear**
- 34.45 **Viruses**
- 34.17 **Candida Albicans**
- 31.73 **Lymphatic Vessels**
- 29.59 **Inflammation**
- 28.19 **Movement**
- 20.53 **Essential Fatty Acids (EFAs)**



- 11.47 **Urinary System**
- 11.19 **Digestive Enzymes**
- 10.90 **Immune System**
- 6.49 **Bacteria**

Mental/Emotional Stress

- 60.87 **Central Nervous System**
- 58.67 **Serotonin**
- 57.32 **Probiotic Bacteria**
- 51.60 **Vitamins**
- 49.81 **Hypothalamus Gland**
- 47.03 **Cardiovascular System**
- 42.95 **Sleep**
- 41.20 **Pituitary Gland**
- 40.36 **Antibiotics**
- 39.50 **Adrenal Glands**
- 38.29 **Hormonal/Endocrine System**
- 34.17 **Candida Albicans**
- 25.35 **Thyroid**
- 20.53 **Essential Fatty Acids (EFAs)**
- 20.39 **Cortisol**
- 17.99 **Minerals**
- 16.78 **Amino Acids**
- 10.90 **Immune System**
- 1.47 **Adrenalin**

Organs

- 51.43 **Gallbladder**
- 49.81 **Hypothalamus Gland**
- 49.41 **Thymus**
- 43.32 **Stomach**
- 41.20 **Pituitary Gland**
- 39.50 **Adrenal Glands**
- 38.01 **Spleen**
- 36.97 **Parathyroid Gland**
- 36.21 **Kidneys**
- 35.27 **Liver**
- 30.43 **Urinary Bladder**
- 30.17 **Lung**
- 26.45 **Prostate**
- 25.35 **Thyroid**
- 22.93 **Testes**
- 16.14 **Pineal Gland**
- 15.29 **Pancreas**
- 10.85 **Heart**
- 6.42 **Large Intestine**
- 3.46 **Small Intestine**

Respiratory System

- 62.86 **Phlegm 痰**
- 58.49 **Melatonin**
- 57.51 **Deep Breathing**
- 57.32 **Probiotic Bacteria**
- 55.90 **Pharynx**



- 54.33 **Hazardous Air Pollutants**
- 52.56 **Trachea**
- 51.61 **Mullein**
- 51.60 **Vitamins**
- 50.77 **Annoyed**
- 48.80 **Bronchi**
- 40.07 **Grief**
- 38.41 **Sinuses**
- 37.92 **Diaphragm**
- 35.61 **Fear**
- 34.67 **Leptin -h**
- 34.45 **Viruses**
- 30.42 **Progesterone**
- 30.17 **Lung**
- 29.59 **Inflammation**
- 23.67 **Dopamine**
- 17.99 **Minerals**
- 17.80 **Sadness**
- 15.47 **Nose**
- 15.25 **Fungi/Molds**
- 12.75 **Impatient**
- 12.07 **Corticotropin-Releasing Hormone (CRH)**
- 11.51 **Larynx**
- 6.49 **Bacteria**

Sleep

- 58.67 **Serotonin**
- 58.49 **Melatonin**
- 55.61 **Parasites**
- 52.08 **Anger**
- 49.81 **Hypothalamus Gland**
- 47.03 **Cardiovascular System**
- 46.19 **Estrogen**
- 43.53 **Food Stressors Additives**
- 41.20 **Pituitary Gland**
- 39.80 **Diet & Nutrition**
- 38.82 **Electromagnetic**
- 38.29 **Hormonal/Endocrine System**
- 36.31 **Endocrine Disruptors**
- 35.27 **Liver**
- 32.96 **Tryptophan**
- 30.42 **Progesterone**
- 18.17 **Artificial Sugars & Sweeteners**
- 16.14 **Pineal Gland**
- 15.29 **Pancreas**
- 10.90 **Immune System**
- 7.86 **Testosterone**

TCM Meridians

- 51.44 **TCM - Spleen Meridian**
- 48.28 **TCM - Governing Meridian**
- 45.91 **TCM - Triple Warmer Meridian**
- 43.70 **TCM - Lung Meridian**
- 42.61 **TCM - Pericardium Meridian**



- 41.33 **TCM - Urinary Bladder Meridian**
- 32.81 **TCM - Conception Meridian**
- 31.61 **TCM - Stomach Meridian**
- 23.08 **TCM - Large Intestine**
- 13.80 **TCM - Heart Meridian**
- 13.73 **TCM - Kidney Meridian**
- 10.42 **TCM - Gall Bladder Meridian**
- 5.34 **TCM - Liver Meridian**
- 3.91 **TCM - Small Intestine Meridian**

Teeth

- 55.71 **T 05 / 4+**
- 53.93 **T 30 / 6-**
- 51.58 **T 27 / 3-**
- 50.31 **T 24 / -1**
- 50.05 **T 22 / -3**
- 47.12 **T 25 / 1-**
- 45.27 **T 19 / -6**
- 43.77 **T 11 / +3**
- 42.35 **T 03 / 6+**
- 40.36 **T 02 / 7+**
- 38.73 **T 14 / +6**
- 38.72 **T 06 / 3+**
- 37.89 **T 09 / +1**
- 35.89 **T 08 / 1+**
- 32.59 **T 21 / -4**
- 32.00 **T 16 / +8**
- 31.74 **T 13 / +5**
- 30.57 **T 28 / 4-**
- 30.57 **T 32 / 8-**
- 29.03 **T 01 / 8+**
- 27.54 **T 29 / 5-**
- 25.36 **T 17 / -8**
- 22.92 **T 04 / 5+**
- 22.31 **T 18 / -7**
- 18.46 **T 20 / -5**
- 17.14 **T 10 / +2**
- 13.86 **T 12 / +4**
- 11.54 **T 31 / 7-**
- 7.21 **T 07 / 2+**
- 5.77 **T 26 / 2-**
- 5.13 **T 23 / -2**
- 0.74 **T 15 / +7**

Today's Immunity Stressor Categories

- 53.58 **Respiratory System**
- 12.34 **Lymphatic System**

Toxic Stress

- 55.61 **Parasites**
- 49.55 **Detoxification System**
- 43.53 **Food Stressors Additives**
- 38.82 **Electromagnetic**
- 37.58 **Mycotoxins**



- 36.31 **Endocrine Disruptors**
- 34.45 **Viruses**
- 34.17 **Candida Albicans**
- 26.48 **Herbicides**
- 23.35 **Water Contaminants**
- 22.77 **Heavy Metals**
- 18.17 **Artificial Sugars & Sweeteners**
- 15.25 **Fungi/Molds**
- 12.61 **Pesticides/Insecticides**
- 11.46 **Glyphosate**
- 6.49 **Bacteria**
- 4.10 **Vaccinations**
- 0.73 **Chemicals**

Vertebrae

- 167.82 **TH 10**
- 137.64 **TH 8**
- 101.20 **TH 2**
- 89.67 **TH 3**
- 87.71 **L 2**
- 80.73 **TH 5**
- 71.58 **TH 4**
- 70.14 **TH 1**
- 68.98 **TH 9**
- 58.06 **S 5**
- 54.75 **C 5**
- 48.68 **TH 7**
- 48.18 **S 2**
- 47.27 **L 5**
- 45.88 **C 7**
- 38.86 **L 4**
- 36.16 **C 6**
- 35.74 **S 3**
- 32.89 **S 4**
- 23.32 **TH 11**
- 22.71 **L 1**
- 19.44 **COCCYX-s**
- 18.72 **C 1**
- 16.47 **TH 6**
- 14.19 **TH 12**
- 11.89 **C 2**
- 11.28 **S 1**
- 3.76 **C 4**
- 2.46 **L 3**
- 2.03 **C 3**

Wellness Support Stressor Collections

- 54.10 **Hydration**
- 49.21 **Mental/Emotional Stress**
- 42.95 **Sleep**
- 39.80 **Diet & Nutrition**
- 29.59 **Inflammation**
- 0.00 **Toxic Stress**

