

## Dead Doctors Don't Lie Program 28 September 2010

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### Monologue

Dr. Wallach starts the show discussing weight gain and obesity. Contending that doctors and dietitians "have it all wrong" with their belief that weight gain is a disease of excess. Asserting that this problem is actually a deficiency of minerals in the diet.

### Pearls of Wisdom

Doug Winfrey and Dr. Wallach discuss two health related news stories. The first is regarding a New York hospital that inadvertently put former patients personal data on the internet including social security numbers. Next they discuss a study where researchers contend putting people with low cholesterol levels on statin drugs saves money down the road.

### Callers

- Micki's doctor wants to put her on Cumadin.
- Jane asks Dr. Wallach for a nutritional supplementation plan for her 4 year old grandson.
- Garnett has questions concerning varicose veins.
- Charlotte has follow-up questions from a previous call concerning RLS (restless leg syndrome).

**Call Dr. Wallach's live radio program weekdays from noon until 1pm pacific time at 831-685-1080 or toll free at 888-379-2552.**

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