

*paraliminal*<sup>®</sup>

# MEMORY SUPERCHARGER

Strengthen your memory and concentration



Paul R. Scheele

 Learning Strategies Corporation

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ISBN-13: 978-0-925480-06-4

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# WELCOME!

***Paraliminal, as derived from the Greek para (beyond) and liminal (threshold), means “beyond the threshold of conscious awareness.”***

Stimulate your mind with a Paraliminal recording to quickly improve your life and maximize your potential. More than a million Paraliminals are already in use by people all around the world.

Listen with stereo headphones to receive a unique, multilevel communication for each hemisphere of the brain—all without subliminal messages. You’ll hear a variety of messages coming into each ear in a soothing, effective, and pleasurable way.

As you listen, choose which message to attend, or float down the middle between the voices. From time to time your attention will switch, causing you to perceive the recording differently with each listening. BUT, your nonconscious mind receives and processes the entire message each time, which is part of the effectiveness and beauty of Paraliminal technology.

On a very deep level you will be *learning strategies* to help you respond differently in the world so that you get the results you want. That’s the source of the name of our company, Learning Strategies Corporation.

Paraliminal developer Paul R. Scheele skillfully crafted each session. Paul is highly trained and internationally acclaimed in the fields of neuro-linguistic programming, whole mind learning, and preconscious processing. His unique expertise creates an incredible experience for you.

## TIPS AND INSIGHTS

- Create quiet time to focus inwardly. Choose an environment relatively free from distractions. Sit comfortably or recline. You will receive minimal benefit if you merely play a Paraliminal in the background; do not listen while driving or operating machinery.
- On some Paraliminal recordings you will be asked questions to help you focus on the benefit you desire. Pause the recording as needed.
- If interrupted, simply open your eyes, deal with the matter, and then continue.
- If you fall asleep while listening, you will still gain benefit providing you clearly state your purpose for the session at the beginning.
- To listen to more than one Paraliminal, take a 20-minute break between.
- Paraliminicals are catalysts for change. They facilitate access to strengths already within you. When you succeed, it's your success—not the recordings.
- Most changes are integrated within three days. Continued listening can reinforce continued development. When not getting the results you want, consider changing 1) the time of day you listen, 2) whether you are sitting or reclining, 3) the room, or 4) the furniture you sit or recline on (listening on a sofa might not generate results if you usually use the sofa for napping).
- If you practice Spring Forest Qigong, say the password, *I am in the universe, the universe is in my body, the universe and I are one*, and go into the *emptiness* at the beginning of your listening session. Finish with the *Ending Exercise* as you would at the end of a *Sitting Meditation*. (To learn more, visit [www.LearningStrategies.com/Qigong](http://www.LearningStrategies.com/Qigong).)
- Visit our online Discussion Forum to interact with other Paraliminal users who have the same quest as you: *maximize potential!*

## PARALIMINAL SLEEP LEARNING

To enjoy the benefits of sleep learning, set your audio player to repeat the Paraliminal sleep learning track (Track 3). Adjust the volume so that you can tune out the sound as you sleep. Waking is an indication that your mind had completed the process, so turn off the player at that time. Use the Paraliminal sleep learning feature as often as you would like.

## HOLOSYNC AUDIO TECHNOLOGY

Holosync audio tones, which you might hear as a hum, have been embedded in the recording to increase your ability to benefit and learn from this Paraliminal session.

Centerpointe Research Institute's Holosync audio technology, when listened to with stereo headphones, creates the electrical brain wave patterns of many desirable states. These states include deep meditation, increased creativity, focus and concentration, and accelerated learning ability. Using Holosync creates new neural pathways between the left and right brain hemispheres, balancing the brain, enhancing mental/emotional health, improving mental functioning and self-awareness, and healing unresolved emotional problems.

A much deeper and more powerful version of Holosync can be found in Centerpointe's ongoing program, The Holosync Solution. For more information about this program, how Holosync can accelerate mental, emotional, and spiritual growth, and to receive a free Holosync demo CD, visit [www.Centerpointe.com](http://www.Centerpointe.com).

# MEMORY SUPERCHARGER

*Strengthen your memory  
and concentration*

## PURPOSE

*Memory Supercharger* helps use your brain's natural memory bank effectively. Remember more and forget less. Reduce common blocks. Access your full memory. Trust your "inner mind" to respond to your need. Eliminate anxiety about remembering. Improve concentration and creativity to feel as mentally sharp as ever.

## BEFORE LISTENING TO THIS SESSION

Listen daily for a week. Depending on your needs and for continued improvement listen on a regular basis such as weekly, monthly, or quarterly.

*You can now listen to your session. Read the rest at your leisure.*

## BENEFITS

- Remember events, places, facts, principles, details, and theories with greater speed and clarity.
- Improve concentration when listening, reading, and studying.
- Recall information that you have heard, read, and seen.
- Students: improve test scores immediately.
- Gain confidence in using your memory.
- Eliminate anxiety to remember what is important.

## TECHNIQUE OVERVIEW

Your human capacity to remember is infinite. By relaxing and trusting your inner mind, you can efficiently use your naturally vast memory. When you try to force yourself to remember, you block or repress the very thing you want.

*Memory Supercharger* helps you use your mind to properly request information from your brain, release common anxieties and negative thinking that block recall, and open the doors to greater access of your brain's amazing capacity to remember.

The session takes you to a quiet scene within. The voice speaking to the right hemisphere uses a teaching metaphor describing how to allow information to rise to the surface of a wellspring. This story instructs the brain to request information and patiently await the proper realization of any memory you choose.

## BEST WAY TO USE

- Listen the night before and the morning of important tests, presentations, meetings, and reunions.
- Use *Memory Supercharger* if you have had a history of doubting your memory skills. Long-term effects of listening to *Memory Supercharger* may appear more dramatic while short-term improvements may feel subtle. If you experience anxiety about memory problems related to aging, you will benefit most by releasing your concerns and focusing on what you can do today to improve your memory skills.
- In demanding situations, think back on the relaxing feeling you get from listening to *Memory Supercharger*. Remembering the feeling of relaxation will spontaneously re-access the same relaxed state of mind and body. Relaxing always helps release your inner mind to respond automatically to the information you need.

## POSSIBILITIES FOR GOING BEYOND

### *Studying*

The sequence below increases your concentration while studying, makes everything you learn more interesting and rewarding, boosts the impression that new information makes on your brain, and improves your recall when you need it most:

- Use the *Memory Supercharger* to enhance your studying. Do not use it as a substitute for studying.



- Study in 30-minute time periods. Spend the first five minutes organizing your study materials and preparing your mind for relaxed concentration. Then spend twenty minutes studying. Get up for five minutes to relax and move around—take this break even when your studying has been going well.
- Repeat the above cycle for as many 30-minute periods as you need.
- After three 30-minute study periods, take a 15-minute break.

Consider learning the PhotoReading whole mind system to make the most of all your study time. For more information about how to use the power of your mind to “*mentally photograph*” materials at rates exceeding 25,000 words a minute, visit our website at [www.LearningStrategies.com/PhotoReading](http://www.LearningStrategies.com/PhotoReading).

The *Personal Genius* Paraliminal helps studying. It develops access to your inner mind for learning, creativity, and problem solving. When you have both *Personal Genius* and *Memory Supercharger*, listen to *Personal Genius* before studying and *Memory Supercharger* after studying and before sleep.

### *Test Taking*

*Memory Supercharger* helps integrate new information into your neural network. For this reason it is ideally suited after a day of learning or studying and before a day of testing. Listen to it before sleep and in the morning again so you will be ready to ace a test on the material you have learned.

## INSIDE SECRETS

One student assured me that every week he studied the lessons, yet when he took a quiz at the end of each week, he had either failed or barely passed. With only two weeks until finals, he had a D-minus grade. Concerned, he asked if there was anything he could do to excel on the finals.

I knew he knew the material. His challenge was accessing it for a test—a perfect example of what generally happens to memory when under stress. We learn something, we know we know it, but for some reason we cannot access it at the right time.

You may have experienced this phenomenon of memory repression when you wanted to remember someone's name. You knew you knew the person, you may even have spoken the name recently, but for all your efforts, the name eluded you. Of course you remembered the name after your sense of urgency had passed. Why?

When you stopped trying to remember the name, you changed the way you approached remembering. You opened the channel of communication between the conscious mind and your memory storage. Without barriers of fear, anxiety, or urgency, the brain is ever ready and free to deliver the requested information in a timely way.

The student used the *Memory Supercharger* and produced such a high-level A on his final that he received a B for the semester.



# TAP THE POWER

*of your mind to accomplish  
greatness in your life*

Paraliminal sessions are included with many self-study programs developed and published by Learning Strategies Corporation. We are here to help you maximize your potential in the easiest and most enjoyable ways possible.

## *Bring riches into your life with* ABUNDANCE FOR LIFE

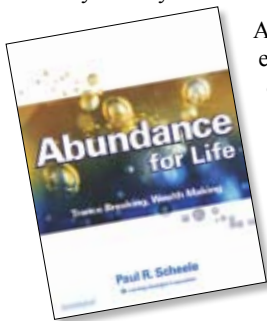
Whether you want outward prosperity of family ski trips, additions to your home, and BMWs, or a spiritually complete lifestyle of Truth, Beauty, Freedom, and Love, or both, you will explore the secrets to having what you want miraculously appear and the mental processes that make it happen.

*Abundance for Life* will help you 1) get control of your feelings, emotions, judgments, and beliefs that keep you stuck, 2) decide what you want and manifest it, and 3) deal with the world around you so that others bend over backwards for you and problems—that inevitably come up—don't stop you.

Your new course comes in four sections with four Paraliminal sessions:

You receive... “The Prelude Course” to vaporize the trances that produce a false sense of lack, limitation, and poverty. You will see through the fog of eleven trance phenomena that occur through your average day. You will hear how they help you...feel how they restrict you...and learn to use them to awaken health, wealth, power, and abundance.

You also receive “The Main Course” to stop repelling abundance and rewrite the script of your life for overflowing prosperity. You will develop the courage to build your life as you want it. You will summon a blueprint for creation and manifestation. You will use sophisticated strategies to get others to bend over backward for you. You will handle any problems that come your way.



And, “The Accelerator Course” to raise your energetic levels by balancing the seven energy centers of the body along with the inherent emotional issues associated with them. You receive seven special meditations.

Meditation 1 - For your inner passions -  
To balance fears of insecurity

Meditation 2 - For your relation to others -  
To balance fears of rejection

Meditation 3 - For your self - To balance  
fears of being weak

Meditation 4 - For your potential - To balance fears of not getting

Meditation 5 - For self-expression - To balance fears of being unworthy

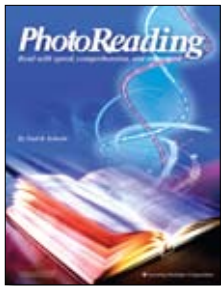
Meditation 6 - For inner knowing - To balance fears of soullessness

Meditation 7 - For expanded awareness

And finally, you receive “The Interview Sessions” where some of the brightest minds of our time share their passion to increase the flow of health, wealth, power, and abundance in your life.

### *Read super-fast with PHOTOREADING*

Use your *whole mind* to read with speed, comprehension, and enjoyment with *PhotoReading*. Experience how *mentally photographing* the printed page turns your mind into an information sponge. See new ways of processing information to give you an edge in today's world where knowledge is currency. As a beginning Photo-Reader you will get through your reading at least three times faster than you can now... without the stress of speed reading. Hundreds of thousands have already used the self-study course or attended the *PhotoReading* seminar.



### *Explore the realm of genius with GENIUS CODE*

You can improve your performance in virtually all aspects of mental ability, including memory, quickness, IQ, and learning capacity. You do this by tapping the unending flow of images and thoughts that stream through your mind.

This “Image Stream” is the bridge to using the mega power of the brain in a manner like great thinkers, such as Galileo, da Vinci, Tesla, Edison, and Einstein.

Mind development pioneer, Win Wenger, Ph.D., has research showing that the exceptional achievements of those famous thinkers may have been more the result of mental conditioning than genetic superiority.

He believes he can guide you to condition your own mind in the same way simply by using your Image Stream. The process is akin to creative daydreaming—with a twist.

In our *Genius Code* personal learning course, Paraliminal learning expert Paul Scheele teamed up with Win Wenger to help you explore your Image Stream in useful and practical ways. First they teach you how to use your Image Stream and then they teach you amazing mental exercises to help you figure out what the messages mean. Use these exercises to “crack your genius code” for striking results.

From the beginning you will find it infinitely easier to:

- Make your 6th Sense as available and expedient as your other five senses.
- Attain absolute self-confidence in all you do.
- Solve any personal or professional problem with startling creativity.
- Accelerate the speed of learning anything.
- Achieve your goals using your own immense support.
- Experience every moment as perfectly rewarding.

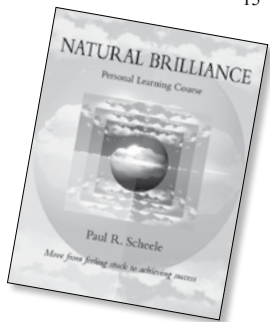
As Win and Paul say, “You are brighter than you think.”

### *Overcome any challenge at will with* **NATURAL BRILLIANCE**

Paul Scheele wrote a fascinating book and created a uniquely powerful self-study course to help you overcome blocks. As a result,

- Life becomes smoother and more fulfilling.
- Proverbial mountains shrink to molehills.
- Relationships become more meaningful and pleasurable.
- Stress drains from your life.
- Goals soar to achievement.

From the start you will work on an area of life in which you feel stuck. On Session A of the four recordings, you will explore the four steps of *Natural Brilliance*. On Session B of those recordings, Paul guides you through a Paraliminal learning session to make the steps of *Natural Brilliance* automatic. The sixth recording, titled the *Natural Brilliance Generator*, helps you spontaneously move through limitations as they arise in the future.



In Part One of the book, *Natural Brilliance*, Paul helps you understand how being stuck undermines brilliance. Part Two explains and demonstrates the four-step *Natural Brilliance* model. Part Three discusses different ways to use *Natural Brilliance* such as with *PhotoReading* and Direct Learning. The *Natural Brilliance* book is included with the *PhotoReading* Personal Learning Course.

*Enjoy the gift of health, balance, and energy with EUPHORIA!*  
Experience six diverse, yet phenomenal ways to feel a natural, euphoric high. Learn to instantly enter a sense of calm whenever you want. Regularly feel blissful happiness, love, rapture, and peace of mind.

### *Sharpen your verbal edge with* **MILLION DOLLAR VOCABULARY**

Breakthrough processes help you learn 600 new words to use naturally in everyday life. People with a strong vocabulary are thought to be smarter and more capable, which is why they are generally given all of the breaks and earn the most money. See how your vocabulary will grow from the very first listening.

### *Activate the power to bounce back with* **RESILIENCY**

Some people are able to overcome adversity and thrive in most any circumstance. What an important skill in today's world of uncertainty. Learn the mental strategies for this awesome and vital ability. You'll soon find yourself turning misfortune into fortune.

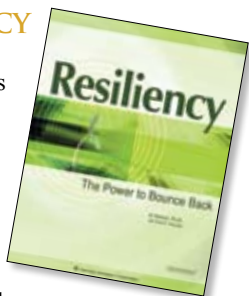
### *Communicate effectively with* **FOUR POWERS FOR GREATNESS**

Discover the four *power* skills that can stop you cold or lead you to greatness. Quickly absorb thoughts, ideas, and feelings by becoming a more effective listener and reader. Enjoy expressing yourself thoroughly and completely with powerful speaking and writing skills.

### *Improve your health with* **SPRING FOREST QIGONG**

For thousands of years the Chinese elite have known that controlled breathing techniques combined with focused concentration and simple movements can significantly improve one's health.

You have seen people on television who could heal others with their touch, or who could pass healing energy to others. Now you can make use of this healing energy yourself.





They call this practice Qigong (pronounced “chee-gong”). Chunyi Lin, a Qigong master with over 25 years experience has demystified this ancient practice and made it practical for today’s modern people. His *Spring Forest Qigong* course guides you through learning simple, easy-to-follow exercises for a vibrant sense of energy and well-being. With the practice of Qigong you can take away stress, pain, and sickness at speeds that will amaze anyone...leaving you with more energy.



*Embrace the power of reflection with*  
**BOUNDLESS RENEWAL**

Don’t let the speed of life get the best of you. Rescue yourself from feeling overwhelmed, burned out, disengaged, or out of control with Bernie Saunders and Paul Scheele’s *Boundless Renewal*. Use these breakthrough insights and strategies with reflection to bring greater emotional, intellectual, and spiritual balance to your life.

*Activate your brilliance with* **GENIUS MIND**

Paul R. Scheele reveals a powerful “whole brain” approach to success in health, wealth, relationships, and learning. The stunning, uniquely interactive DVD includes a one-hour Main Feature with two bonus hours of Special Features to inspire and motivate you into action. You can use the *Genius Mind* tips, techniques, and tools immediately to improve your life.

*Here are more of the powerful and effective*  
**PARALIMINAL CDS**



Paraliminals increase your personal power by activating your “whole mind.” Each CD is carefully scripted by Paul R. Scheele, trained in neuro-linguistic programming, whole mind learning, and preconscious processing. Truly, nothing gets results like a Paraliminal.



**Anxiety-Free**—Gain freedom from fears and project strength



**Automatic Pilot**—Eliminate negative self-talk and vaporize self-sabotage

**Belief**—Strengthen belief in your ability to achieve



**Break the Habit**—Free yourself from addictive behaviors



**Creating Sparks**—Ignite fun, attraction, and romance



**Deep Relaxation**—Enjoy profound and rejuvenating relaxation

**Dream Play**—Profit from remembering and using your dreams



**Focus & Concentration**—Accomplish more in less time with *focal point* thinking

**Fresh Start**—Make each moment a new beginning



**Get Around To It**—Eliminate procrastination and succeed by design

**Happy for No Reason**—Build an unshakable inner home for happiness



**Holiday Cheer**—Feel love, peace, and joy toward yourself and your world

**Ideal Weight**—Reach and maintain your ideal weight—naturally

**Instantaneous Personal Magnetism**—Turn on poise, charm, and sex appeal

**Living the Law of Attraction**—Consistently attract the good, positive, and extraordinary

**Memory Supercharger**—Strengthen your memory and concentration

**New Behavior Generator**—Neutralize unwanted behaviors & take on new ones





***New History Generator***—Transform emotions and memories that block you



***New Option Generator***—Resolve issues with new solutions and choices



***Peak Performance***—Fire up your motivation for superior results



***Perfect Health***—Align your mind and body for self-healing and well-being



***Personal Genius***—Accelerate your learning abilities



***Positive Relationships***—Create strong, beneficial, and lasting relationships



***Power Thinking***—Think clearer, smarter, faster



***Prosperity***—Open the flow of abundance in your life

***Sales Leap***—Perform with the winning attitude and skills of the best

***Self-Esteem Supercharger***—Gain profound confidence & feel great about you

***Simplicity***—Uncomplicate your life for more freedom and joy

***Smoke-Free***—Effortlessly cut back and give up smoking

***Success Built to Last***—Create a life that matters

***Talking to Win***—Communicate with ease, present with authority

***You Deserve It!***—Gratefully receive life's abundant gifts

***Youthful Vitality***—Enjoy the creative energy and vitality of youth

***10-Minute Supercharger***—Energize your body and mind in minutes



For more information or to order, visit [www.LearningStrategies.com](http://www.LearningStrategies.com).  
You may also call us toll-free at **1-888-800-2688**.

# MEMORY SUPERCHARGER



Paul R. Scheele,  
Paraliminal Developer

*“Stimulate your memory for facts, principles, details, and theories. Develop your ability to concentrate on reading or dialogue. Remember what you read, hear, and see. Feel mentally sharp and free from stress.”*

Review this booklet before listening