

User Reviews for serrapeptase

Show ratings & reviews for

- All Conditions (134 reviews)
- Other (93 reviews)
- Sinusitis (19 reviews)
- undefined (8 reviews)
- Other (4 reviews)
- Bronchitis (3 reviews)
- Other (2 reviews)
- Other (2 reviews)
- Acute bronchitis (1 reviews)
- Other (1 reviews)
- Pharyngitis (1 reviews)
- General Health And Wellness (0 reviews)
- Other (0 reviews)

4.0 Overall Rating

[Share Your Experience](#)

Effectiveness

This medication has worked for me.

[See less](#) [See more](#)

Ease of Use

This medication has been easy for me to use.


[See less](#) [See more](#)

Satisfaction

Overall, I have been satisfied with my experience.


[See less](#) [See more](#)

Most voted positive review

 405 People found this comment helpful

I started taking Serrapeptase about 10 months ago as it is suppose to reduce inflammation and help clean and renew damaged arteries. The result has been that my blood pressure has been reduced from 155/98 to 98/68 which is telling me that my arteries are starting to be flexible again.

Most voted negative review

 26 People found this comment helpful

More pain and cramps for sciatica

Shared reviews and ratings

- Most Helpful
- Most Recent
- Highest Total Rating
- High Satisfaction
- Low Satisfaction

Condition: Other

Overall rating 1.7

Effectiveness

Ease of Use

Satisfaction

I only started it 3 days ago but I all of a sudden seems to belch during a meal which I never did before. I read in another review that another person had the same thing. So, I only rate it a 2 but the other things that this does could be valuable for those other conditions written in the web page.

22 

26 

Report this post 

Condition: Other

Overall rating 3.3

Effectiveness

Ease of Use

Satisfaction

I have large uterine fibroids that are pressing down on my bladder and rectum. I was always rushing to the washroom. My doctor suggested I remove my uterus! Instead I tried Serrapeptase. I think it worked b/c I felt relief from the pressure on my bladder and colon within a week. However, I had very heavy vaginal bleeding, even just after having my period. I waited to see if the bleeding would stop after a week, but kept going full force and I became severely weak. I stopped taking Serrapeptase and the bleeding stopped. Instead I take EstroSmart which has Diindolylmethane (DIM). It is helping in a gentler, slower way. 2 months later, I tried Serrapeptase again, 1x per week on an empty stomach. On the first week, I had spotting. On the second week, my period came 2 weeks early, full force. Looks like I should just stay away from it. I'm afraid to take it during my period, as I've heard it can make the flow many times greater. Anyone have a similar experience? I used Naka brand 120,000 SU. NPN 80045740.[Read More](#) [Read Less](#)

87 

14 

Report this post 

Condition: Sinusitis

Overall rating 4.3

Effectiveness

Ease of Use

Satisfaction

I purchased the serrapeptase to help alleviate pain in my neck caused by a prolapsed disc. It didn't help with the pain at all however my chronic sinusitis cleared up for the first time in my life. I take 120 units a day and it works so well that I rarely have a stuffy nose and I have changed from being a mouth breather to a nose breather.

28 



Report this post 

Condition: Other

Overall rating 4.0

Effectiveness

Ease of Use

Satisfaction

I have been taking Serrapeptase for two years and my eye surgeon has verified through repeated back of the eye scans that it had the entirely unintended effect of greatly reducing the post operative scar tissue beneath my retina. I am taking it to try and help with stenosis. But this is the 2nd time I have seen him (one

year apart) and the scans show yet MORE scar tissue reduction! He tells me this is extremely unusual as my surgery was over five years ago and all he scans to see is a "static condition".[Read More](#) [Read Less](#)

148 

4 

[Report this post](#) 

Condition: Other

Overall rating 3.7

Effectiveness

Ease of Use

Satisfaction

been taking this for a month with some relief but also having some GI discomfort. It also seems to be worsening my depression, has anyone else had this experience.

43 

12 

[Report this post](#) 

Condition: Other

Overall rating 1.0

Effectiveness

Ease of Use

Satisfaction

Horrible! Took the one for joints & bones, not the Cardiac one...one tablet & my heart started fluttering the next day & I had trouble breathing after taking aspirin...on pkg it says"reduces moisture in respiratory system, which concerned me...Cardiologist said my heart was fine after this episode! Now, I have had constant burping & like a gas balloon...has anyone else experienced this...Dr. sugg a Gastric Intestinal chck-up, since this has triggered something for 2 wks!

53 

20 

[Report this post](#) 

Condition: Other

Overall rating 4.0

Effectiveness

Ease of Use

Satisfaction

sore throat

10 

22 

Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I am taking 120000 units twice a day on an empty stomach for Sciatic Nerve Pain. Within 24 to 36 hours the pain was diminished and in 3 days gone. I gradually decreased my dosage to 40000 units twice a day and have had no return of pain. I consider this a miracle drug as nothing I have tried has ever come close to the relief I get.

196 

4 

Report this post 

Condition:

Overall rating 4.3

Effectiveness

Ease of Use

Satisfaction

Had continuous chest infections resulting in loads of congestion and difficulty breathing , serrapeptase works really well clears congestion, I have been taking for over 2 years without any side effects, also dries up colds faster I have recommended to my family who all take it for injuries and all sorts of internal damage

17 

1 

Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I researched systemic enzymes for reproductive issues. I was taking RejuvenZyme which helped. I stopped taking these for a while because I felt better but my symptoms came back recently. My menstrual cramps were excruciating. My Dr. believes I have endometriosis as my research confirmed. I was recommended by a knowledgeable Nutrition Associate to isolate the particular proteolytic enzyme for my issues. I started taking one upon rising for a week. My cramps started so I upped it to 3 per day. My cramps and nausea have disappeared. I have my life back. [Read More](#) [Read Less](#)

88 

1 

Report this post 



Age: 75 or over | On supplement for 5 to less than 10 years |

2/14/2015

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

Cured my sciatica in 1 week, never to return!

108 

1 

Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I am recovering from (long term undiagnosed) Lyme Disease and its co-infections. Major antibiotics dealt effectively for the Lyme, and a protocol of antibacterial and antiviral herbal supplements for the co-infections. Still my systems needed support to enable the "exiting" of all these microbes. Serrapeptase has been effective in helping my lymphatic system function and "do its thing"!

94 

5 

Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I have been taking Serretia or Serrapeptase for about a year now. I cant tell you how it has changed my life. Suffice to say it has!! And for the better. My Cholesterol level was over 300 and I had High blood pressure! I also have bronchitis. My nose was constantly stopped up! I would wake with a headache. And coughing my rear end off! My cholesterol is way down and my blood pressure was normal for a sustained period now. I no longer wake with a head ache But I still cough (however it is very watery and easy to cough up!! As opposed to BEFORE Serretia where I had deep deep cough and the sputum was very thick!). I take the medical grade Serretia with the highest concentration and purest form 250,000 SPU'S I take 4 in the morning and 4 in the evening. I hope this helps people. I have read all the reviews and I have come to notice the ones that gave poor reviews didn't take Serrapeptase long enough or in the wrong dosage. So if it's not working than up the number of capsules or get a higher concentration of it. BECAUSE it DOES work. Read More Read Less

24 



Report this post 

Condition: Sinusitis

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I have had nasal polyps and sinusitis for years, tried almost everything, tea tree oil, hydrogen peroxide, cider vinegar, etc. They would even come back after surgery, three times. Have been taking serrapeptase for three months, I can breathe through my nose again, I can even smell now!

27 

1 

Report this post 

Condition: Other

Overall rating 4.3

Effectiveness

Ease of Use

Satisfaction

I have been taking serrapeptase for six weeks for a Morton's Toe condition that I have had for nine months. It's the only thing that has helped and is now (80%+) better. You HAVE to take the correct dosage to receive results. Go online to find the website.

80 

2 

Report this post 

Condition: Other

Overall rating 4.3

Effectiveness

Ease of Use

Satisfaction

Taking it for Rheumatoid. Two caps a day of 80,000 iu. Good Health Naturally brand. Been on it only 20 days and can notice the difference already hopefully will continue to get even better in another 10 days.

86 

2 

Report this post 

Condition: Sinusitis

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I suffer from severe allergies and sinus issues only controlled by taking daily 5-10 mm of prednisone. After 3 years taking the prednisone I had had enough of the side affects but was too miserable to stop. I went searching for something else and found this enzyme. After a week on this I have had tremendous relief from sinus inflammation and blockage, itching and my exczema is also on the mend!



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction



Report this post 

Condition: Other

Overall rating 2.3

Effectiveness

Ease of Use

Satisfaction

I have been using it more than 6 months to treat my fibroid, adhesion, and PV bleed. I have no idea it helps or not but my PV bleed is getting worse. Hopefully it helps something somewhere. I feel hopeless as my GP and Gynae not that great help.



Report this post 

Condition: Other

Overall rating 1.0

Effectiveness

Ease of Use

Satisfaction

With only six days of use, I had severe nausea and abdominal pain. It is day three now without the serrapeptase and the side effects are still very severe. Take this with caution or talk to your Doctor prior to using.

72 

8 

Report this post 