

User Reviews for serrapeptase

Show ratings & reviews for

- All Conditions (134 reviews)
- Other (93 reviews)
- Sinusitis (19 reviews)
- undefined (8 reviews)
- Other (4 reviews)
- Bronchitis (3 reviews)
- Other (2 reviews)
- Other (2 reviews)
- Acute bronchitis (1 reviews)
- Pharyngitis (1 reviews)
- Other (1 reviews)
- General Health And Wellness (0 reviews)
- Other (0 reviews)

4.0 Overall Rating

[Share Your Experience](#)

Effectiveness

This medication has worked for me.

[See less](#) [See more](#)

Ease of Use

This medication has been easy for me to use.


[See less](#) [See more](#)

Satisfaction

Overall, I have been satisfied with my experience.


[See less](#) [See more](#)

Most voted positive review

 405 People found this comment helpful

I started taking Serrapeptase about 10 months ago as it is suppose to reduce inflammation and help clean and renew damaged arteries. The result has been that my blood pressure has been reduced from 155/98 to 98/68 which is telling me that my arteries are starting to be flexible again.

Most voted negative review

 26 People found this comment helpful

More pain and cramps for sciatica

Shared reviews and ratings

- Most Helpful
- Most Recent
- Highest Total Rating
- High Satisfaction
- Low Satisfaction

Condition: Sinusitis

Overall rating 4.3

Effectiveness

Ease of Use

Satisfaction

I've been taking this for relief of congestion which from my reading up on the product was it's most effective use. So far it has really helped to breath more clearly & feel much less stuffed up & my daughter who has a similar problem with sinusitis has found it has helped her too. It's not 100% effective for either of us but the improvement is quite strong.



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I was using this for knee inflammation but found that the best benefit was that I no longer have any fluid retention and my blood pressure dropped significantly. I am not longer taking blood pressure medication. My husband found it helped with his shoulder pain.

159 

6 

Report this post 

Condition: Other

Overall rating 2.0

Effectiveness

Ease of Use

Satisfaction

35 

65 

Report this post 

Condition: Other

Overall rating 1.0

Effectiveness

Ease of Use

Satisfaction

Dr. Eaton stated it was good for high cholesterol but after taking I felt like I was having a heart attack and it took a few weeks before I returned to normal.

57 

13 

Report this post 

Condition: Other

Overall rating 3.0

Effectiveness

Ease of Use

Satisfaction

Took it for artery health more than a year ago so do not know if it helped or not. Taking it again for same reason but also to see if will have any effect on eye floaters, known scars, and Peyronies' scar tissue. Had no negative effect last year but everyone has their own biology, some are allergic to peanuts for example. I have lived in Europe and it is commonly used there. I rated my experience one star only because I cannot see if there was any effect on my arteries or not. Blood tests indicate I have inflammation and I know I have eye floaters so I will take this product and see if that changes or not. I hope so but everyone responds differently. I suspect some are not measuring their reactions properly. I have acid reflux, so my stomach is very sensitive, and Serrapeptase has yet to upset my stomach. It surprised me when I read that people said they had diarrhea after use. The older you get the more susceptible to diarrhea you become in the best of times. On the other end of the spectrum one has to be cognizant of the Placebo Effect where you feel something positive is happening when it is not. I will report in a few months my result of this experiment as objectively as I can. I just started a new period of usage. I last used it a year ago for 90 days. [Read More](#)
[Read Less](#)

53 

26 

Report this post 

Condition: Other

Overall rating 2.7

Effectiveness

Ease of Use

Satisfaction

Had diarrhea from day 3 to the present I am stopping it

34 

12 

Report this post 

Condition: Other

Overall rating 4.0

Effectiveness

Ease of Use

Satisfaction

8 



Report this post 

Condition: Other

Overall rating 4.7

Effectiveness

Ease of Use

Satisfaction

Reduced pain from arthritis in my ankles after three weeks of use.



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

Has been very helpful in calming esophogal cramps and subduing RLS, fantastic anti inflammatory as well



Report this post 

Condition:

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

About 7 months ago I started taking this because I would get severe colds which would last for 3 to 4 weeks. Since I have been taking this I haven't had a cold even though I'm constantly exposed (teacher). But what is even better is how it has helped diminish my knee pain (self diagnosed arthritis). I have even started

exercising again. But the last few days the pain is increasing. Wondering if I should increase my dosage. I currently take 2 capsules (120,000 SPU-Source Naturals) daily on an empty stomach.[Read More](#) [Read Less](#)



Report this post. 

Condition: Other

Overall rating 4.7

Effectiveness

Ease of Use

Satisfaction

When taking 3 tablets per day or more, it taxes my body and makes me so tired that it's hard to do heavy physical labor. When I use 1 capsule or less per day, my symptoms return.



Report this post. 

Condition: Sinusitis

Overall rating 2.7

Effectiveness

Ease of Use

Satisfaction

I was able to take a low dosage of serrapeptase twice daily with no ill effects. Recently, I started on the higher potency 120,000 once per day and have experienced stomach pain, GI distress and diarrhea.



Report this post. 

Condition: Other

Overall rating 2.7

Effectiveness

Ease of Use

Satisfaction

I have been taking a high potency capsule in the morning on an empty stomach for about two weeks. Started taking to ease swelling and pain in the bottoms of my feet. After a week I started having diarrhea then a few days later stomach pain and much more diarrhea. I will stop taking it as I cannot tell if it was helping my original symptom but can't take the side effects it's causing.

69 

11 

Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

Enerex brand (Canada) I have no more allergies thanks to Serrapeptase. 2 x 120,000 dose daily, and it is like I have total allergy relief. Amazing.

89 

3 

Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

this has eliminated my need to for inhalers for asthma

93 

2 

Report this post 

Condition:

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I had sarcoidosis of the lungs 20 years ago and have suffered with inflamed scar tissue ever since. The only thing that helped (and I tried millions of things, since I'm a singer) were regular acupuncture sessions. I read about Serrapeptase and gave it a try. After 45 minutes of taking the first dose I started to cough up this very grainy thick mucous. I've now used it for 2 weeks and it still works. I'm getting my energy back



Report this post 

Condition: Other

Overall rating 1.0

Effectiveness

Ease of Use

Satisfaction

This made me feeling jittery, heart palpitations, uneaseness, nervous and very edgy.



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I've suffered with chronic Urinary Tract Infections for years. I found Serrapeptase on the internet and decided to give it a try. Two high potency in the morning on an empty stomach and two before bed have solved the problem. I also take 1000 to 2000 mg. of vitamin C in the afternoon to keep the urine the proper pH. As far as I have researched UTI's, this is the best treatment that is available and much better than any prescription drug or bladder infusion!!!





Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I have been taking Serrapeptase for over two years now. I have several problems 1 is problems with bronchitis 2 is arthritis, and 3 is sinus. I don't know what all these other commenters are taking but I take Arthur Andrews "Serrapeptase" 120,000 the strongest most potent available. I take what they call a "therapeutic" dose that means 5 capsules a day on an empty stomach in the morning 1 hr. before I eat anything. It has been a life saver. I had hypertension and now I don't, I had high cholesterol and now I don't. I had plac in my arteries and NOW I have only minimal plac on my thoracic artery. I have scaring on my lungs and I really hope with time this too will start disappear. I notice if I run out My joints get achy. When I wake in the morning I feel NOTHING, no pain or inflammation ANYWHERE. No back pain no nothing. But that didn't come in a week or two, that is what YOU will get if you stay on it. YOU have to keep taking them. The benefits will become evident. Read More Read Less



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

My hips were hurting so much at night the pain would wake me up. Also through the years I have had 5 foot procedures and could not wear reg shoes without orthotics. After 3 mo on 80,000 IU's of Serra. Hips don't hurt and I am wearing reg shoes and my hands are not swollen upon waking. Daughter had a Bartholin cyst. Antibiotics and steroids were not successful. She found Serra. on the internet. It was gone in weeks and has not returned. It has changed my life. I am very drug sensitive and always look for natural relief. Read More Read Less





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