

User Reviews for serrapeptase

Show ratings & reviews for

- All Conditions (134 reviews)
- Other (93 reviews)
- Sinusitis (19 reviews)
- undefined (8 reviews)
- Other (4 reviews)
- Bronchitis (3 reviews)
- Other (2 reviews)
- Other (2 reviews)
- Acute bronchitis (1 reviews)
- Other (1 reviews)
- Pharyngitis (1 reviews)
- General Health And Wellness (0 reviews)
- Other (0 reviews)

4.0 Overall Rating

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Effectiveness

This medication has worked for me.

[See less](#) [See more](#)

Ease of Use

This medication has been easy for me to use.


[See less](#) [See more](#)

Satisfaction

Overall, I have been satisfied with my experience.


[See less](#) [See more](#)

Most voted positive review

 405 People found this comment helpful

I started taking Serrapeptase about 10 months ago as it is suppose to reduce inflammation and help clean and renew damaged arteries. The result has been that my blood pressure has been reduced from 155/98 to 98/68 which is telling me that my arteries are starting to be flexible again.

Most voted negative review

 26 People found this comment helpful

More pain and cramps for sciatica

Shared reviews and ratings

- Most Helpful
- Most Recent
- Highest Total Rating
- High Satisfaction
- Low Satisfaction

Condition: Bronchitis

Overall rating 4.0

Effectiveness

Ease of Use

Satisfaction

I'll update when I have more time under my belt. I've been taking for a week (Doctor's Best). I do have some tummy pangs but I know I'm eating too close to the time that I take it. You're supposed to take on empty stomach (otherwise you will have wasted the product bc it only works on empty). It is best taken atleast 2 hours before or after you eat. Before is ideal.



Report this post 

Condition: Other

Overall rating 1.0

Effectiveness

Ease of Use

Satisfaction

I was taking this to help with my inflammation. I have stopped taking it as have had vomiting, diarrhoea , severe stomach pains , clammy and sweats. feel rotten this is day 5 of feeling terrible. will never take this or recommend to anyone. My mum took this to help with her varicose veins, she was in bed for days feeling like her heart was trying to pound through her chest. stay clear guys not enough research done on this.



Report this post 

Condition: Sinusitis

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I use serrappetase for about 8 months so far and it helped me great with constipation and haemorrhoids (it prevents blood clots in veins). My friend uses it for varicose veins and it helped her significantly.



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction



Report this post 

Condition: Other

Overall rating 2.3

Effectiveness

Ease of Use

Satisfaction

Severe diarrhea & vomiting



Report this post 

Condition: Other

Overall rating 1.0

Effectiveness

Ease of Use

Satisfaction

Every time I took the product I threw up I had diarrhea it was the worst feeling ever everyone body is not the same and I would never take it again I feel awful I have a high fever and I'm just laying in the bed I want to throw the pills out



Report this post 

Condition: Other

Overall rating 2.0

Effectiveness

Ease of Use

Satisfaction

I have been taking 180 000 units 3x a day for 6 weeks now for Morton's neuroma; so far no relief. I'm wondering for how long should I continue? Anybody had an experience with this?



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

There's been a change in my blood thinners.I was taking Coumadine 5mg and I now take Xarelto 20mg, a newer blood thinner.

21 

36 

Report this post 

Condition: Other

Overall rating 4.3

Effectiveness

Ease of Use

Satisfaction

It cured my eye floaters in six weeks...2/3 gone in the first week! I have arteriosclerosis and high blood pressure and heart disease and abnormal heart beat and arthritis..off my blood pressure pills now, 80,000 iu a day keepe arthritis at bay...i can even play guitar again! Statins gave me chest pain...that is gone now...all i take is Crestor for cholesterol and am off all other prescription drugs...without it i regress quickly, so i will happily be using this inexpensive enzyme for life...Only problem is fasting two hours before and after so it gets in my small intestine unfettered...i think alot of people writing these reviews may not watch that close enough and thats why it isnt working for them...blood pressure is normal now...usually around 120/76...Read More Read Less

187 

4 

Report this post 

Condition: Other

Overall rating 1.0

Effectiveness

Ease of Use

Satisfaction

I took one pill and developed severe diarrhea and vomiting. I felt like I was going to pass out. About 6 hours later, i feel better but have a huge headache.

22 



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

This is a continuation of my review from 8/10/2019. There is really a fast improvement in my trigger thumb condition. The thumb now is almost back to normal. The change during the last month was very rapid and noticeable. I decided to try the cheaper brand (Dr, Best, 120000 SPU) again and it really works well. I hope this report will help others with this condition. Just do not give up. I was massaging the thumb and taking serrapeptase and I see the end to this condition at last.



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I originally tried this because of claims it would reverse atherosclerosis, and I was just beginning to experience symptoms of cardiac insufficiency at high altitude. I figured it was just a matter of time until I had those symptoms at sea level. I had some gastric distress for the first few days, but that went away. I quickly found that a back problem from an injury some 40 years ago almost completely vanished, and my chronically stuffed sinuses drained much easier. I also no longer get tartar buildup on my teeth, only a crumbly white precursor that scrapes off easily. Long-term allergies disappeared. In fact, all markers of inflammation in my body vanished. I had not even realized there WAS inflammation; this is just how I felt. But I knew when it was gone; I felt much better overall. As it happens, I also no longer experience any symptoms of cardiac insufficiency when I am at high elevations. I consider the stuff to be amazing. [Read More](#) [Read Less](#)



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

Started to take it for trigger thumb. Pain was reduced in few days. The Thumb is improving but "no miraculous" cure for my thumb. However, my health was improved in many ways so I keep taking it Better eye vision, no pain in my foot (soar foot in the morning), so much energy during the day, my carpal tunnel syndrome is practically disappeared and more I started carefully with one pill of 40,000 SIU and gradually increased the amount. Now I take 3-6 120,000 SIU daily. Side effects: on the first pill some dizziness for 10 minutes, and then it was over. Second pill (the other day) - a shorter dizziness. From day 3 and on - no side effects at all This is a great product (I used of two different manufacturers, practically the more expensive works better for me)Read More Read Less



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

used this for osteoarthritis and it's rather miraculous. Taking 30 mg twice/day on empty stomach, that is 20 min prior to food or two-three hrs after food. Give it a week at least. I've tried it with great benefit, then stopped it and lost the benefit and then restarted with same great benefit. This stuff works!



Report this post 

Condition: Other

Overall rating 4.0

Effectiveness

Ease of Use

Satisfaction

I take this supplement for Fibromyalgia and Carpal tunnel syndrome but I also have thick blood and high blood pressure. It really eases pain and I have more mental clarity when I take it. I notice more pain if I stop for a few days. It has made a big difference in my life.



Report this post 

Condition:

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

Is very good for what the salesperson said it would help.



Report this post 

Condition: Sinusitis

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

just started on 20 Units twice a day and had immediate benefit . Always had blocked sinus's before but now can breath through the nose freely. Stopped anti histamine use at night as nose stays clear the whole night.



Report this post 

Condition: Sinusitis

Overall rating 4.7

Effectiveness

Ease of Use

Satisfaction

I used serrapeptase to clear my sinus, it worked really good, no more headache or mucus. It also helped my digestion , I had some severe constipation that is much better now.In my case helped me like a kind of detox clearing the mucus I had accumulate in my body.



Report this post 

Condition: Other

Overall rating 5.0

Effectiveness

Ease of Use

Satisfaction

I had several prominent scars on my body and over time this serrapeptase has diminished them to the point they are no longer visible to the casual observer.



Report this post 

Condition: Other

Overall rating 3.0

Effectiveness

Ease of Use

Satisfaction

Great for rheumatoid inflammation but had to stop due to the awful acid reflux it gave me



Report this post 

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