

# This 30-Second Power Wash Ritual Cleans Your Arteries and Washes Away Joint Pain

Imagine if getting rid of joint pain and stiffness was as easy as washing away dirt and grime with a power washer.

That probably sounds too good to be true. But as it turns out, our bodies do have a built-in power wash mechanism. And this microscopic power wash can make your arteries as clean as a whistle—so nourishing blood and oxygen flow freely.

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Obviously, this internal power wash is great for keeping your heart healthy and protected. But the benefits don't end there.

This power wash also works wonders for soothing chronic joint pain. No matter if it's in your knees, hips, back, or anywhere else. I'll reveal what this power wash is in a moment. But first, let's talk about *why* you need this power wash to relieve joint pain and stiffness for good.

There's a protein called **fibrin** that is silently wreaking havoc inside your joints. Fibrin protein is a major component of blood clots. If too much fibrin builds up in your coronary blood vessels, you're at increased risk of a deadly heart event.

If too much fibrin builds up in the blood vessels of your joints, it robs your joint tissues of soothing blood flow and oxygen. The result? You stay trapped in an endless cycle of joint damage and agony.

and-washes-away-joint-pain/)

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**You  
MUST  
Eliminate  
This  
Protein**

Discover the  
**"Joint Pain**

Many studies from prestigious universities have shown that fibrin deposits are present in inflammatory joint conditions.

Like this Swiss study from last year:

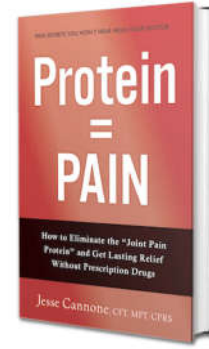


This is why washing away that extra fibrin from your joints is so important. It's *crucial* if you want to enjoy permanent pain relief.

And as you probably guessed, anything you get from your doctor or buy over-the-counter at your local pharmacy isn't going to address this fibrin issue.

So how do you power wash away this joint-suffocating fibrin protein?

You do it with **systemic enzyme therapy!** In particular, you want the enzymes **bromelain and papain**. Bromelain and papain are known



**Protein** that wreaks havoc in your body far beyond your joints.

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as **proteolytic enzymes**.

This means they break down protein. And both bromelain and papain are *incredibly* effective at breaking down excess fibrin.

The result?

You open the floodgates so that soothing blood and oxygen wash over your joint tissues...

And wash away the pain and stiffness.

How does that sound?

This is *exactly* what our leading natural formula, **Heal-n-Soothe®**, can do for you. Just several capsules and 30 seconds a day is all it takes.

**Heal-n-Soothe®** contains generous doses of bromelain and papain to power wash away that excess fibrin protein.

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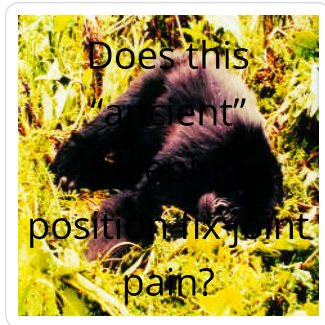
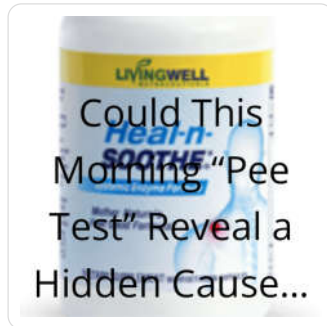
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WRITTEN BY: ASHLEY LANE UPDATED: JULY 25,2023

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## 8 thoughts on “This 30-Second Power Wash Ritual Cleans Your Arteries and Washes Away Joint Pain”



*Beth Bricknell* says:

September 13, 2023 at 6:49 pm (<https://losethebackpain.com/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162109>)

Sorry no video today – not even for \$50 coupon . (Just getting over a coughing virus.)

I do want to let you know that after 6 weeks of Heal and Soothe ... I can turn in the night without thinking how to, and get up in the morning without struggling to stand. I can sit – pain free for as long as I need to. No more ice packs and

ibuprophen at the moment!! 😊  
The only painful thing is the price of the cure.

Reply



*Steven Hefferon, CMT, PTA says:*  
September 18, 2023 at 6:56 pm  
(<https://losethebackpain.com/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162113>)

Beth, Thank you for the update and the great story... Please note that the longer you use enzymes the less you need to take, so at some point, you can reduce the total number of capsules you take per day.

Thanks

Steve HBI-Staff

Reply



*Dana Perkins says:*  
September 25, 2023 at 10:53 am (<https://losethebackpain.com/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162116>)

I want to thank you for this product as it has changed my life. I was hesitant to even try it because all others failed me, but heal and soothe actually works! I suffer from osteoarthritis and had a left knee replacement. When I wake up in the morning, the stiffness and pain is substantially reduced.

Thank you again!!! Dana Perkins



Reply



*Steven Hefferon, CMT, PTA* says:

October 2, 2023 at 3:29 pm

([https://losethebackpain.com/this-30-](https://losethebackpain.com/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162119)

[second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162119](https://losethebackpain.com/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162119))

Dana, that is outstanding, please know the enzymes are not a cure, and would suggest, reducing the daily serving but committing to the longer term use as our bodies have a daily requirement for these enzymes. Thanks  
Steve HBI-Staff

Reply



*penny bryant* (<http://powerc.net>) says:

October 24, 2023 at 10:11 pm ([https://losethebackpain.com](https://losethebackpain.com/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162144)

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When can you reduce from 6 twice a day?

Reply



*penny bryant* (<http://powerc.net>) says:

October 24, 2023 at 10:15 pm ([https://losethebackpain.com](https://losethebackpain.com/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162145)

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How do you know when to lower # of pills?

Reply



*James K. says:*

October 25, 2023 at 3:23 pm

([https://losethebackpain.com/this-30-](https://losethebackpain.com/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162150)

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Hello Penny,

Thank you for reaching out to us! You can decrease the dosage after 2 weeks, or if you want to continue a little longer feel free.

Thank you for trying our product,  
James HBI-Staff

Reply



*penny bryant (http://powerc.net) says:*

October 24, 2023 at 10:16 pm ([https://losethebackpain.com](https://losethebackpain.com/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162146)

[/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162146](https://losethebackpain.com/this-30-second-power-wash-ritual-cleans-your-arteries-and-washes-away-joint-pain/#comment-3162146))

when do you reduce # of pills

Reply

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